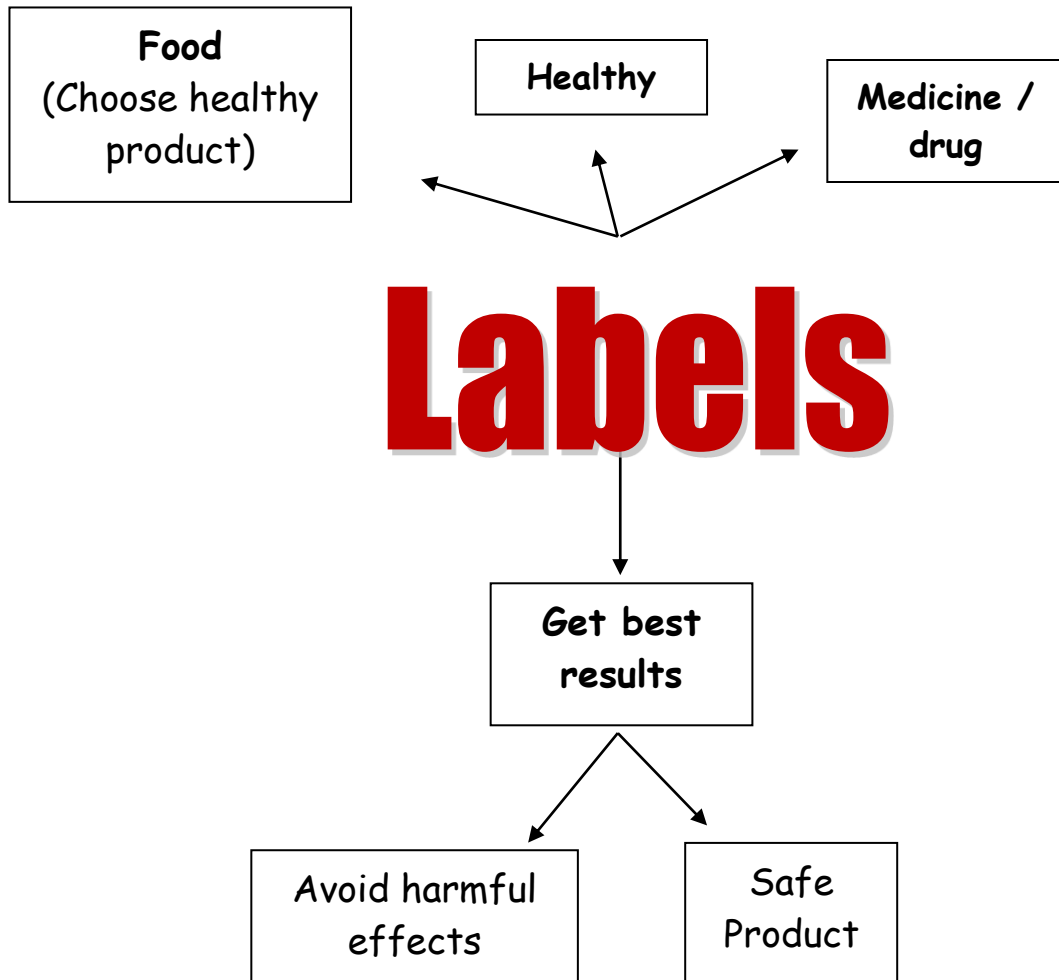


UNIT 6



UNIT 6

FOOD AND MEDICINE LABELS

Information contained in the outer packaging of a product/goods. The purpose is to give detailed information about the product.

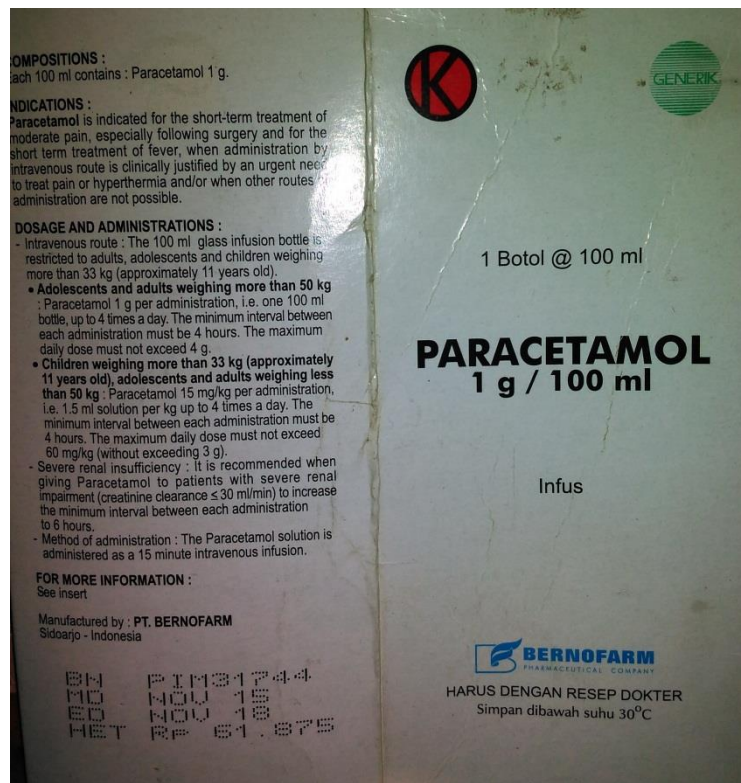
Kemasan atau label biasanya terdapat pada produk makanan, minuman, obat, produk kecantikan/kosmetik, dll.

Informasi yang terdapat pada label di antaranya:

1. Name of the product
2. Content/Amount
3. Description
4. Ingredients
5. Nutrition facts
6. Use
7. Direction to use
8. Dosage
9. Storage Instructions
10. Expiration date

Food and medicine labels are usually put on the back of most product. They are used to give information about the product. These are two examples of medicine label

1.



2.

INFORMASI NILAI GIZI / NUTRITION FACTS

Takaran Saji/Serving Size	30g
Jumlah Sajian per Kemasan/Serving per Bag	6

JUMLAH PER SAJIAN / AMOUNT PER SERVING

Energi Total / Total Energy	130kcal	
Energi dari Lemak/Energy from Fat	20kcal	
	%AKG*	
	%Dv**	
Lemak Total/Total Fat	2g	3%
Protein/Protein	3g	5%
Karbohidrat Total/Total Carbohydrate	24g	8%
Serat Pangan/Dietary Fiber	2g	6%
Gula/Sugar	10g	
Natrium/Sodium	85mg	4%
Kalium/Potassium	110mg	2%
Kalsium		8%
Magnesium		8%
Fosfor		6%
Zat Besi/Iron		6%

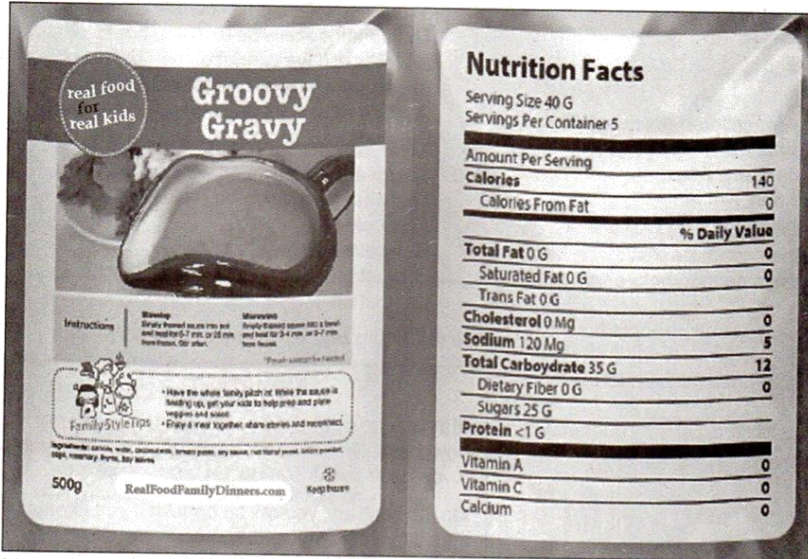
* Persen AKG berdasarkan kebutuhan energi 2000 kkal. Kebutuhan energi anda mungkin lebih tinggi atau lebih rendah.
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

Talk to us

customercare@simbaindo.com



Exercise



Adopted from: <https://www.sticky.com/products/product-labels/614/> (26 November 2018)

1. What product is the label about?
 - A. Food for kids.
 - B. Full cream milk.
 - C. Dairy milk.
 - D. Cereal for kids.
2. From the text we know that ...
 - A. the product contains vitamins
 - B. the product contains mostly carbohydrate
 - C. the amount of protein per serving is more than the sugars
 - D. the daily value percentage of calcium is less than that of the trans fat

Servings per container 5"

3. What does the underlined word mean?
 - A. A package.
 - B. A storage place.
 - C. A large box.
 - D. A metal tin.

This following text is for questions 33 to 36.

H-E-B DRY SCALP RECOVERY 2 IN 1
 PYRITHIONE ZINC DANDRUFF SHAMPOO + CONDITIONER

Restores scalp health and achieves healthy looking hair with our specially formulated dandruff shampoo & conditioner. The advanced formula effectively reduces dandruff and relieves scalp itch, dryness and irritation, while gently cleansing and moisturizing scalp and hair.

Drug Facts	
Active Ingredient Pyrrithione zinc 1%	Purpose Anti-Dandruff
Uses ■ helps prevent recurrence of flaking and itching associated with dandruff	
Warnings For external use only	
When using this product ■ avoid contact with eyes. If contact occurs, rinse eyes thoroughly with water.	
Stop use and ask a doctor if ■ condition worsens or does not improve after regular use of this product as directed	
Keep out of reach of children. ■ If swallowed, get medical help or contact Poison Control Center immediately.	

Directions

- for maximum dandruff control, use every time you shampoo
- wet hair, massage onto scalp, rinse, repeat if desired
- for best results use at least twice a week or as directed by a doctor

Inactive ingredients: water, sodium lauryl sulfate, sodium lauryl sulfate, cocamide MEA, zinc carbonate, glycol distearate, dimethicone, fragrance, cetyl alcohol, polyquaternium-10, magnesium sulfate, sodium benzoate, magnesium carbonate hydroxide, ammonium lauryl sulfate, benzyl alcohol, sodium chloride, methylchlorisothiazolinone, methylisothiazolinone, sodium xylenesulfonate

Questions? Call 1-866-695-3030

MADE WITH PRIDE AND CARE FOR H-E-B, SAN ANTONIO, TX 78204
 MADE IN CANADA

GUARANTEE
 We believe the high quality of this H-E-B product makes it an outstanding value. We hope you'll agree. If not, we'll cheerfully refund your money. Thanks for shopping with us.



Adopted from: <https://otclabels.com/lib/otc/otc-meds/dandruff-2-in-1-shampoo-and-conditioner-dry-scalp-recovery/> (26 November 2018)

- ▲33. What label is it for?
 - A. Anti dandruff shampoo.
 - B. Anti dandruff conditioner.
 - C. Shampoo for dry scalp.
 - D. Dandruff shampoo and conditioner.