

LET'S KEEP OUR BODY HEALTHY!

A. Language Focus

Instruction (Aba-aba / Perintah)

Instruction adalah kalimat yang digunakan untuk meminta seseorang melakukan sesuatu untuk kita. Dalam bahasa Inggris bentuk kalimat perintah adalah:

Verb (kata kerja) + O (objek).

Kalimat perintah selalu memiliki subjek. Ungkapan memberi aba-aba atau instruksi dalam mengerjakan sesuatu bisa digunakan berbagai ungkapan atau cara, sebagai berikut:

1. Bring the umbrella, please!
2. Put on your jacket, honey!

Imperative sentence (K. Perintah): Response:

Contoh:

Turn off the radio, please!

Open the door, please!

Clean the floor, please!

Contoh:

Yes, Sir/Madam

Sure / Ok

Alright

Open the door!	Listen to me!
Close the window!	Sweep the floor!

Requesting Help

Sebagai seorang manusia, kita senantiasa ingin saling membantu dan menolong dengan orang lain. Untuk meminta bantuan atau pertolongan orang lain, kita bisa menggunakan ungkapan “asking for help” (ungkapan meminta tolong) dan respon sebagai berikut.

1. Anna: Can you help me to take care of the cat?

- Jane : Sure.
2. Adam : Can you help me to feed the sheep, please?
Alex : Of course.
3. Harry : I need some help, please. Can you show me where the elephant's barn is?
Zyan : Sure. It's over there next to rhinoceros's barn.
4. Jen : Can you help me, Sir? Where is the fish pond?
Tom : Sure. It's over there next to the livestock's barn.
5. Martin : Would you mind help me to take care of the birds, Lilo?
Alex : Certainly, Dad.

Prohibition (Larangan)

Merupakan ungkapan larangan terhadap seseorang untuk tidak melakukan sesuatu hal. Fungsinya adalah mencegah seseorang melakukan sesuatu untuk menghindari hal-hal yang tidak diinginkan. Pola ungkapan larangan yaitu, “**DON'T / DO NOT + VERB 1**”. Beberapa contoh ungkapan larangan tersebut diantaranya sebagai berikut:

1. Don't feed the animals!
2. Don't feed the bears!
3. Don't open the window, please!

Let's (Mari kita) digunakan untuk menyatakan ajakan

Let's

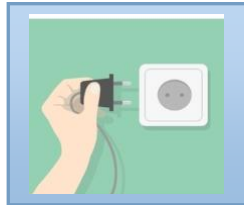
**Go to the beach
Go to the mall
Go to the cinema
Go to the school**

B. Listening

Task 1

Listen to your teacher read the following objects. Then repeat it!

(Dengarkan gurumu membacakan beberapa nama benda berikut dan tirukan!)



C. Speaking

Chapter 1

Complete the dialogue!

(Lengkapilah percakapan berikut!)

- Yuli : Let's keep our Healthy!
Deni :, what should we do?
Yuli : we should eat Food.
Vina : Let's our school clean!
Rendi :, what should we do?
Vina : We should The floor.
Farid : Keep our house clean!
Dwiky : Sure, what should we do?
Farid : We should The dishes.

- a. Healthy
- b. Keep
- c. Okay
- d. Nutricious
- e. Alright
- f. Sure
- g. Clean
- h. Sweep
- i. Wash
- j. Let's

Chapter 2

Complete the dialogue!

(Lengkapilah percakapan berikut!)

- Cafe's worker : What you like?
Andy : Can I have a burger,?
Cafe's worker : A cheese burger or double cheese burger?
Andy : Double cheese burger, please.
Cafe's worker : else?
Andy : Yeah, I'd like some banana cake.
Cafe's worker : Would you A drink?
Andy : Yes, can I have an apple, please?
Cafe's worker : OK, what's your table?
Andy : Table 3. How Is that?
Cafe's worker : That's 50.000, please.
Andy : you are.
Cafe's worker : your money is 100.000. The Is 50.000.

- a. Please
- b. Would
- c. Like
- d. Anything
- e. Number
- f. Table
- g. Thank you
- h. Here
- i. Much
- j. Change

D. Writing

Chapter 1

Make the dialogue!

Buatlah dialog!

Example :

House / sweep the floor.

A : Let's keep our house clean!

B : Okay, what should we do?

A : We should sweep the floor.

1. School / work together to clean the school.

A :

B :

A :

2. Body / Brush your teeth

A :

B :

A :

3. Yard / sweep the yard

A :

B :

A :

4. Air / not to burn the rubbish

A :

B :

A :

E. Reading

Chapter 1

Read the text and answer the question!

(Bacalah teks dan jawablah pertanyaan-pertanyaan!)

Andy : Excuse me, Miss! Should we bring lunch box and glass from home?

Teacher : Of course, we must reduce the plastic waste. You can use your glass to buy some drink in the canteen. Don't buy drinks in the plastics cup. And don't use the straws!

Andy : Why should we reduce plastic waste?

Teacher : Because plastics can cause pollution to the environment. It can take thousands of years to biodegrade, it also have a serious impact on our oceans. Many of whale and sea animals are dead cause by plastics waste in their stomach.

Andy : Really? It is so terrible.

Teacher : Of course, so let's save our ocean from plastic waste.

Andy : Okay Miss, I will.

Translate the words!

- | | | | |
|-----------------|---------|---------------|---------|
| 1. Should | = | 9. Biodegrade | = |
| 2. Must | = | 10. Impact | = |
| 3. Lunch box | = | 11. Ocean | = |
| 4. Reduce | = | 12. Stomach | = |
| 5. Waste | = | 13. Whale | = |
| 6. Plastics cup | = | 14. Terrible | = |
| 7. Straw | = | 15. Really | = |
| 8. Environment | = | | |

Answer the questions!

1. What should students bring from home?
2. How can they reduce plastics?
3. Why should they reduce plastics?

4. How many years can the plastics to biodegrade?
5. How is the impacts for the ocean?

Answer yes or no!

1. Should the students bring lunch box from home?
2. May the students use the straw?
3. May the students use plastic box?
4. May the students use plastics cup?
5. Should we save our ocean from plastic waste?

STORY

A. Language Focus

Simple Past Tense

Digunakan untuk menunjukkan kejadian di masa lampau.

- Ciri - ciri :
- Yesterday = kemarin
 - Last week = minggu lalu
 - Last year = tahun lalu
 - Last month = bulan lalu
 - Two days ago = dua hari lalu
 - This morning = tadi pagi

Subjek + verb 2

Example :

I was in my classroom yesterday

He was at the beach last week

Study the rule to form the past verb.

Base verbs ending in...	How to make the verbs	Examples
e	add - d	live → lived
consonant + y	change y to i , then add - ed	fry → fried
vowel + consonant	double the consonant then add - ed	stop → stopped
anything else	add - ed	fill → filled

B. Listening

Chapter 1

Fill in the table!

Isilah tabel berikut!

No	Indonesian Stories	From	Foreign Stories	From
1	Sangkuriang	West Java	Aladdin	Middle East
2				
3				
4				
5				
6				
7				
8				
9				
10				

C. Speaking

Chapter 1

Complete the dialogue!

Lengkapi percakapan berikut!

- Fani : What is your favorite
- Kiki : I like Timun Mas, Malin Kundang and Sangkuriang.
- Fani : Do you like Story?

Kiki : Yes, I I like Cinderella, Beauty and the beast, the Giant
and the princess and more.

Fani : do you like story?

Kiki : It's so fun. We can feel like we in that time.

Fani : What can you from reading story?

Kiki : We can learn good From the

- a. Reading
- b. Why
- c. Many
- d. Do
- e. Story
- f. Characters
- g. Personalities
- h. Live
- i. Because
- j. Why

D. Writing

Chapter 1
Make the dialogue!
Buatlah dialog!

Example :

Malin Kundang / West Sumatra

Dani : Do you like story of Malin Kundang?

Teddy : Yes, I do.

Dani : Do you know where the story from?

Teddy : Sure, it's from West Sumatra.

1. The princess and the dragon / England

X :

Y :

X :

Y :

2. Sangkuriang / West Java

X :
Y :
X :
Y :

3. Aladdin / Middle East

X :
Y :
X :
Y :

4. Bawang Merah Bawang Putih / Java

X :
Y :
X :
Y :

5. Cendrawasih Bird / Papua

X :
Y :
X :
Y :

E. Reading

Chapter 1

Read the text and answer the question!

(Bacalah teks dan jawablah pertanyaan-pertanyaan!)

Little Red Riding Hood living in a wood with her mother. One day little red riding hood went to visit her granny. She had a nice cake in her basket. On her way little red riding

hood met a wolf. "Hello!", said the wolf. "Where are you going?" "I am going to see my grandmother. She lives in a house behind those trees."

The wolf ran to Granny's house and ate granny up. He got into Granny's bed. A little later, little red riding hood reached the house. She looked at the wolf.

"Granny, what big eyes you have!"

"All the better to see you with!", said the wolf.

"Granny, what big ears you have!"

"All the better to hear you with!", said the wolf.

"Granny, what a big nose you have!"

"All the better to smell you with!", said the wolf.

"Granny, what big teeth you have!"

"All the better to eat you with!", shouted the wolf.

A woodcutter was in the wood. He heard a loud scream and ran to the house. The woodcutter hit the wolf over the head. The wolf opened his mouth wide and shouted and Granny jumped out. The wolf ran away and Little red riding hood never saw the wolf again.

(learnenglish.britishcouncil.org)

Translate the words!

- | | | | |
|------------|---------|----------------|---------|
| 1. Lived | = | 9. Shouted | = |
| 2. Wood | = | 10. Woodcutter | = |
| 3. Visit | = | 11. Heard | = |
| 4. Way | = | 12. Loud | = |
| 5. See | = | 13. Scream | = |
| 6. Behind | = | 14. Never | = |
| 7. Live | = | 15. Again | = |
| 8. Reached | = | 16. Said | = |

Fill the tables!

Characters	Personalities	Setting

Answer the questions!

1. How many characters are in there?
2. Where did Little Red Riding Hood live?
3. What was in her basket?
4. Where did she want to go?
5. What did the woodcutter do to the wolf?
6. How was the end of the story?

Translate into Bahasa Indonesia.

7. Granny, what big eyes you have! = Nenek, betapa
8. All the better to see you with! = Biar lebih baik untuk
9. Granny, what a big nose you have! =
10. All the better to smell you with! =

Write True or False!

1. Little red riding hood lived in the castle.
2. She wanted to visit her mother.
3. She had a nice cake in the basket.
4. The woodcutter hit the wolf's head.
5. The wolf was died.

Chapter 2

Read the text and answer the question!

(Bacalah teks dan jawablah pertanyaan-pertanyaan!)

Once upon a time, there was a widow. She lived in a village. Her name was Nyimas Inten. She was very rich but stingy. So, all people hated her.

One day, there was a beggar. He was old and thin and very hungry. He asked for meal. But Nyimas Inten did not give anything. The beggar was very sad. Then he prayed to God. "Please God punish her."

Finally, Nyimas Inten with all her properties drowned into a lake. The lake was called, "Situ Bagendit." People believe that Nyimas Inten is still a live as leech.

1. Who are the characters?
2. How was Nyimas Inten?
3. How was the beggar?
4. What did the beggar pray to God?
5. How was the end of story?

MY ID CARD

A. Language Focus

Simple Present Tense

Kita menggunakan simple present untuk menyatakan:

Kebiasaan, kebenaran yang sudah umum, dan kegiatan yang berulang.

Example:

- I am ninteen years old
- He lives in London
- I am a student
- Mother always cooks in the morning

Contoh susunan kalimatnya:

Subjek	Kata Kerja	Keterangan
I / you / we / they	Go	to the beach every weekend
He / She / It	Goes	to the beach every weekend

Questions (Kalimat Tanya)

Question Word merupakan hal umum dan harus selalu diingat. Untuk mempermudah mengingatnya kata tanya ini biasanya disingkat dengan 5W 1H.

- Who : Siapa (Menanyakan orang)
- What : apa (menanyakan hal/ benda)
- Where : dimana (menanyakan tempat)
- When : kapan (menanyakan waktu/ kejadian)
- Why : mengapa (menanyakan alasan)
- How : bagaimana (menanyakan cara, kondisi/ keadaan)

Contoh:

- Where do you live?
- What is your name?
- How are you?

Contoh susunan kalimat untuk yes / no questions:

Tobe (is, am, are, Do, does)	Subject	Kata Kerja	Objek	Keterangan
Do	You	Play	The Piano	in the class ?
Does	Jack	Play	Football	in the yard?
Do	Rita and Angela	live		in Manchester?

Do/ Does/ Did/ To be jika berada di depan memiliki arti **"APAKAH"**

B. Listening

Chapter 1
Listen and repeat after your teacher!
(Dengarkan dan ulangi setelah gurumu!)



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.....



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.....



.....



.....



-
-
-
- | | | |
|------------------|--------------------|-----------------|
| A. Identity card | D. Driving license | G. Library card |
| B. Credit card | E. ATM card | H. Passport |
| C. Health card | F. Insurance card | I. Student card |

C. Speaking

Chapter 1

Complete the dialogue!

(Lengkapi percakapan berikut!)

- Mrs. Santi : What's your, please?
- Kiki : I am Kiki
- Mrs. Santi : When was you ?
- Kiki : April, 15th 2007.
- Mrs. Santi : What's your?
- Kiki : 90 st. Diponegoro Surabaya.
- Mrs. Santi : What's your postal?
- Kiki : it is 60231.
- Mrs. Santi : What is your number ?
- Kiki : 085-767-8910
- Mrs. Santi : Your Please!
- Kiki : kikicute.07@gamil.com
- Mrs. Santi : Your ID card is 1234765

D. Writing

Chapter 1

Write your personality on this ID CARD!
(Tulis data diri di kartu nama!)

MY PERSONAL INFORMATION

Name :

Class :

Date of birth :

Address :

School :

Blood type :

Postal code :

Nationally :

City :

Phone :

Hobby :

Father's name :

Mother's name :

Father's occupation :

Mother's occupation:

E-mail :

Social media :



Chapter 2

Fill in the table!

(Isilah titik titik pada tabel!)

Country	Nationality	Country	Nationality
Indonesia	Indonesian	Arab	
Malaysia		Portugal	
Singapore		Spain	
The USA		England	
Japan		France	
Brazil		Germany	
China		Italy	

Chapter 2

Complete the sentences with the correct nationality!

(Lengkapilah kalimat berikut dengan kebangsaan yang tepat!)

1. We are from Brazil. We
2. You are from England. You
3. They are from Malaysia. They
4. Leo is from Singapore. He
5. Giant and Sizuka are from Japan. They
6. I am from Vietnam. I am
7. You are from France. You
8. John is from the USA. He
9. Ling ling is from China. She
10. Roberto is from Italy. He

E. Reading

Chapter 1

Read and write!

(Baca dan salinlah!)

His first name is Johan and his surname is Abdullah. He is twelve years old and his birthday is on 21st June. His address is 32, St. Gubeng. He is from Surabaya. And his phone number is 0852-345-6789. He is Indonesian.

His E-mail is johanabdullah@gmail.com. His favorite food is Nasi Pecel and his favorite drink is milk. You can see his profile at @johanabdullah.

IDENTITY CARD

First name : _____

Surname : _____

Age : _____

Date of birth : _____

Address : _____

Phone Number : _____

E-mail : _____

Instagram : _____

Nationality : _____

City : _____

Favorite food : _____

Favorite drink : _____

Chapter 1

Look at the identity card and write a text about Risky.

(Lihatlah kartu identitas berikut dan tulislah menjadi paragraf tentang Risky)

IDENTITY CARD

First name	: Risky.	_____
Surname	: Chintia	_____
Age	: 12	_____
Date of Birth	: April, 22 2007	_____
Address	: 30, St, Kandangan	_____
Phone number	: 0856-789-1011	_____
E-mail	: riskycintia@gmail.com	_____
Instagram	: @richintia	_____
Nationality	: Indonesian	_____
City	: Surabaya	_____
Favorite food	: omelet, pizza, bakso	_____
Favorite drink	: lemon, juice	_____

PROUD TO BE INDONESIAN

A. Language Focus

Personal Pronouns

Personal pronouns digunakan untuk menggantikan nama seseorang atau benda dalam satu kalimat. Dengan menggunakan sebuah kata ganti kita tidak perlu menyebutkan nama berulang kali.

Noun	Pronoun	Example
I	I	I am a student. I am 10 years old.
You	You	You are in the canteen. You are eating meatball.
Jono	He	Jono is tall. He is also fat.
Tika	She	Tika is in front of the school. She is waiting for a bus.
Jono and Tika	They	Jono and Tika are classmate. They are clever.
A house	It	There is a house on the hill. It is a white house.
Jono and I	We	Jono and I are family. We are happy.

B. Listening

Chapter 1

Read the poem and practice in front of the class!

(Bacalah puisi berikut dan bacakan di deoan kelas!)

I was born in this land, Indonesia

I grow up with love

I grow up with hope

I play happily

I am Indonesian Kid

I have right

I have choice

I have chance

I have voice

For my future

One day, I will lead the nation

I have responsibility

I am the next generation

I am the 21 century generation

We are ready to build Indonesia

We are proud to be Indonesian

The nation of thousands of island

Long life Indonesia

Translate the world!

1. Grow up = _____

2. Responsibility = _____

3. Choice = _____

4. Right = _____

5. Voice = _____

6. Hope = _____

7. Build = _____

8. Chance = _____

9. Led = _____

10. Nation = _____

11. Century = _____

12. Proud = _____

13. Generation = _____

14. Ready = _____

Answer the questions!

1. How do I grow up?

2. How do we play?

3. Is Indonesia the nation of hundreds of Island?

4. Do I have right?

5. What will I lead one day?

C. Speaking and writing

Chapter 1

Read and translate!

(Baca dan terjemahkan!)

Surabaya

Surabaya my hometown

A beautiful city

A city of pride

Green and clean

Surabaya,

The city where I was birth

The place many of wild birds

To sing and fly

To live and die

Surabaya,

As a witness

Of a great battle

People against dutch army

Sharpened bamboo

Against machine gun

Surabaya,

More than seven centuries of age

Hot weather and crowded

The city of heroes

The city of glorious

Surabaya

Surabaya adalah kota kelahiranku

People and nation

Answer the questions!

1. How is Surabaya?
2. What can the birds do?
3. What battle is it?
4. How old is Surabaya?
5. How is the weather?

D. Reading

Chapter 1

Read the text and answer the question!

(Bacalah teks dan jawablah pertanyaan-pertanyaan!)

Indonesia is led by President. It is Republic country. The president is helped by The Vice president and Member of Minister. The first Indonesian president was Soekarno, the second was Soeharto, the third was BJ Habibie, the fourth KH. Abdurrahman Wahid, the fifth was Megawati Soekarno Putri, the sixth was Susilo Bambang Yudhoyono, and the seventh is Joko Widodo. Our country consist of many provinces which is led by governors.

Indonesia has thousands of island, great natural resources, many languages and cultures. There are 34 provinces from Aceh to Papua. The lowest level in a government is led by a chief of village or headman.

Write True or False!

1. Indonesia has many island.
2. Indonesia has small natural resources.
3. The sixth President is Megawati Soekarno Putri.
4. Indonesia is located between two deserts.
5. The lowest level in a government is province.

Answer the questions!

6. Who is the first President of Indonesia?
7. Who is the seventh President of Indonesia?

8. How many province are in Indonesia?

9. Who lead the province?

10. Who lead the village?